

## A SHARED MISSION: BRINGING THE POWER OF PONIES TO YOUNG PEOPLE IN MEXICO

At Think Like a Pony, we believe in connection. Not just between ponies and people, but between communities, countries and causes. That's why we're so excited to be joining forces with Gallop Forward Foundation, a brilliant charity in Mexico that's using horsemanship to support young people facing some of life's biggest challenges.

## **Bridging Worlds: Gallop Forward's Journey to Think Like a Pony Certification**

Right now, members of the **Gallop Forward** team are preparing to travel to the UK to train with us in Leeds. They'll be learning to become certified Think Like a Pony instructors so they can take everything we teach here and bring it back home to Mexico. It's a huge step for them, and one we're incredibly proud to be part of.

Gallop Forward already works with children and teenagers who've experienced trauma, violence and disconnection. Their work is powerful, and their impact is real. **By becoming Think Like a Pony instructors, they'll be able to grow their programme, reach even more young people and deepen the positive change they're creating.** 

This is not just about horsemanship. It's about giving children the tools to regulate their emotions, build trust, feel safe and communicate with confidence. These are skills for life, and ponies are the perfect partners to help them learn.

The team at Gallop Forward have already been using our online Club and had this to say:

"We are deeply grateful to Think Like a Pony for welcoming us into their community. Their precise and empathetic curriculum will allow our trainers to specialize in the needs of each student, creating a safe environment for our kids in Mexico to develop both life and equestrian skills. This partnership reaches across language and culture, and we thank Think Like a Pony for making this opportunity possible."



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@think\_like\_a\_pony For more information email info@thinklikeapony.co.uk Our founder, Lynn Henry, shares their excitement:

"When children learn to build trust with a pony, they also learn to trust themselves and others. Gallop Forward shares our belief that change begins with connection. We're proud to support them in bringing this work to communities that need it most."

This partnership is the start of something special. It is a long-term connection that will allow us to support Gallop Forward's work for years to come.

## A Lifeline of Support: How You Can Help Bring Think Like a Pony to Mexico

To help make this journey possible, Lynn is offering the training free of charge to support the partnership.

A fundraiser has been launched to help cover the other essential costs such as travel, accommodation and materials. Every donation will help bring this life-changing programme to more children in need.

## <u>https://www.gofundme.com/f/gallop-</u> <u>forward-fundraiser</u>

Together, we're building a global movement. One that puts empathy, relationship and healing at the heart of how we support young people – and one that begins with a pony.





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