



# THE SCIENCE OF PONY CARE

During your horsemanship journey with us, you'll not only learn all of the basics about holistic pony care but thanks to our online Club, you can delve into the science behind it. Ponies, like humans, are complex beings and together with us, you can learn what makes them tick, allowing you to understand them fully which will in turn empower you in your own horsemanship choices.

# THE WHAT, THE WHY AND THE HOW

The Think Like a Pony ethos is based on mutual trust and respect, and the principle that communication is a two-way street. But how do we arrive at those principles and why?

Lynn Henry, founder of Think Like a Pony states: "Life is a jigsaw puzzle – it's about taking in information and assembling it to find the answer. Some of the children we work with have never received guidance in this area. As a result, they don't always know how to solve life's puzzles. But learning to think through the the 'what', 'why' and 'how' of any situation empowers them to see the whole puzzle and put it together themselves; enabling them to make more informed decisions."

Making sure children understand the 'what' and the 'why', the final 'how' piece of the puzzle becomes much clearer. The science part of our holistic teachings deals with why we do things a certain way. We give children all of the puzzle pieces and our teachings help them learn how put it together on their own.



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## **EMPOWERED TO MAKE BETTER DECISIONS**

Our online pony Club is designed to empower young pony lovers as they progress through their horsemanship journey. To do this, children must have the information they need to make their own choices. Our online Club has a science section that delves into a number of pony care subjects from dentistry to foot care and provides endless learning material to help members develop their knowledge.

Completing the assessments and earning the badges shows that children have understood the 'what', the 'why' and the 'how' of holistic horsemanship. As children progress through the science section, they will earn their Feeding, Digestion and Skeleton badges, among many others. We chose to include a science section to help young people increase their knowledge and give them the tools to use it in a practical setting. Our learning methods can be adapted to benefit young people in their home and school life, as well as when working together with a pony.

Our online Club provides this guidance and breaks down the valuable information in a way that is digestible for young people.

If you think that the science behind holistic horsemanship can benefit your child, get in touch to join our online pony Club today.